

Factors Contributing to Under-utilisation of Family Planning (FP) Services by Female Nursing Students in Lesotho

By:

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Outline of the Presentation

1. The Background
2. Aim of the study
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The Background

- Family planning is the arrangement, spacing and limitation of children in the family (Weller & Pratt 2009:151).
- Nursing students at a local nursing college in Lesotho have the right to access free FP services offered by their training hospital.
- Some students are reluctant to utilise those free FP services for various reasons.
- Most students opt to obtain FP services from private health facilities.

Aim of the study

- To identify and describe factors that hinder effective use of FP services by female nursing students in Lesotho.

Methods

- Design: Typical descriptive study
- Population : Female students at a local nursing college
- Sampling: Simple random sampling with a fish bowl technique (25 participants)
- Data collection tool: Questionnaire
- Analysis: Inferential statistics used with Microsoft excel

Methods cont'

Ethical considerations

- Request letter written to the College management
- Informed consent obtained from the students
- Participants identified by codes

Rigor

- Testing the instrument (pilot study)

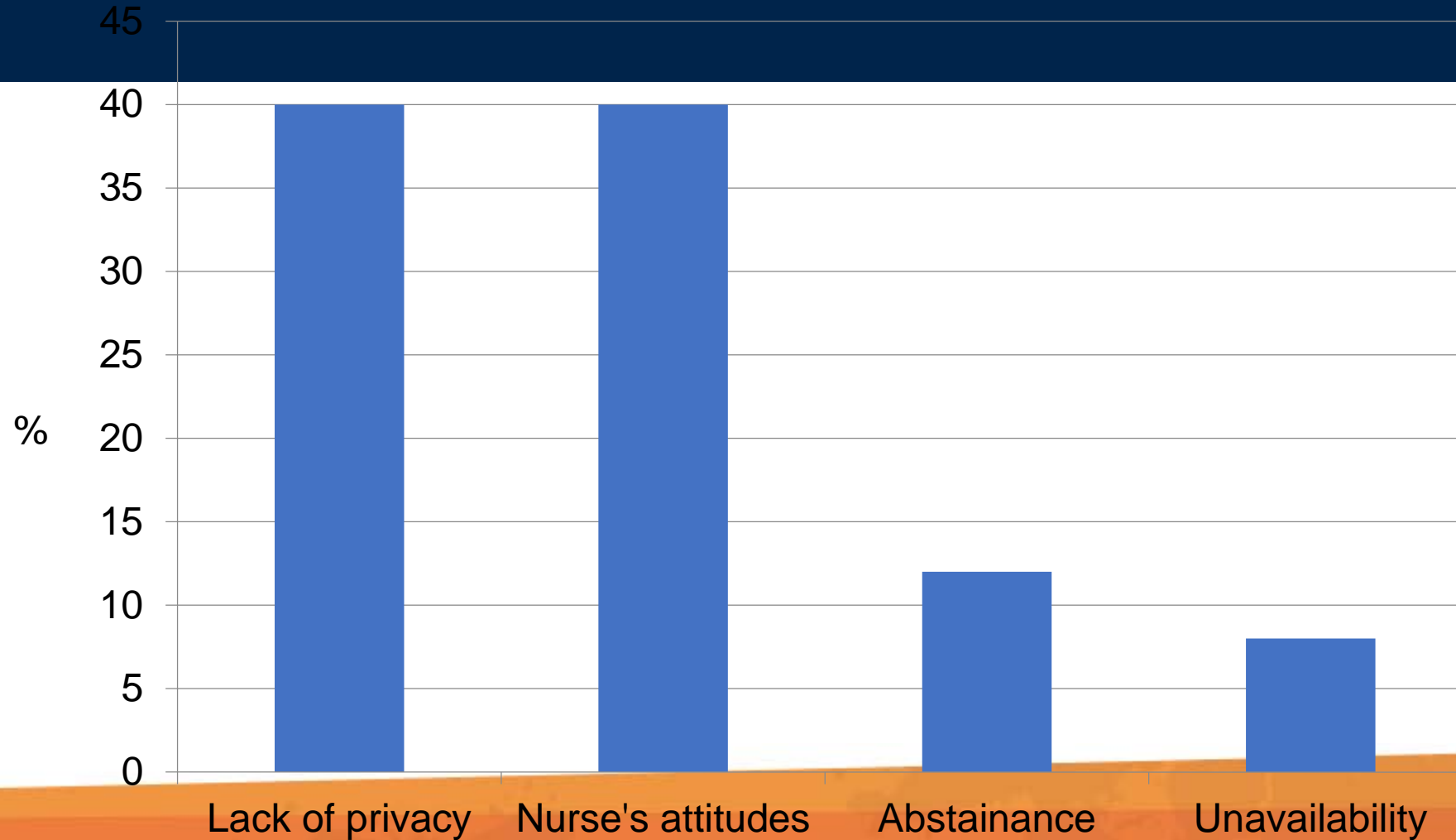
Results

Characteristics of the participants

- Age: 10-19 years=16; 20-39 year=8; 40-59 years= 1
- Marital status: Married=5; single=20
- Residential area: Urban=12; semi-urban=7; rural=6

Results cont'

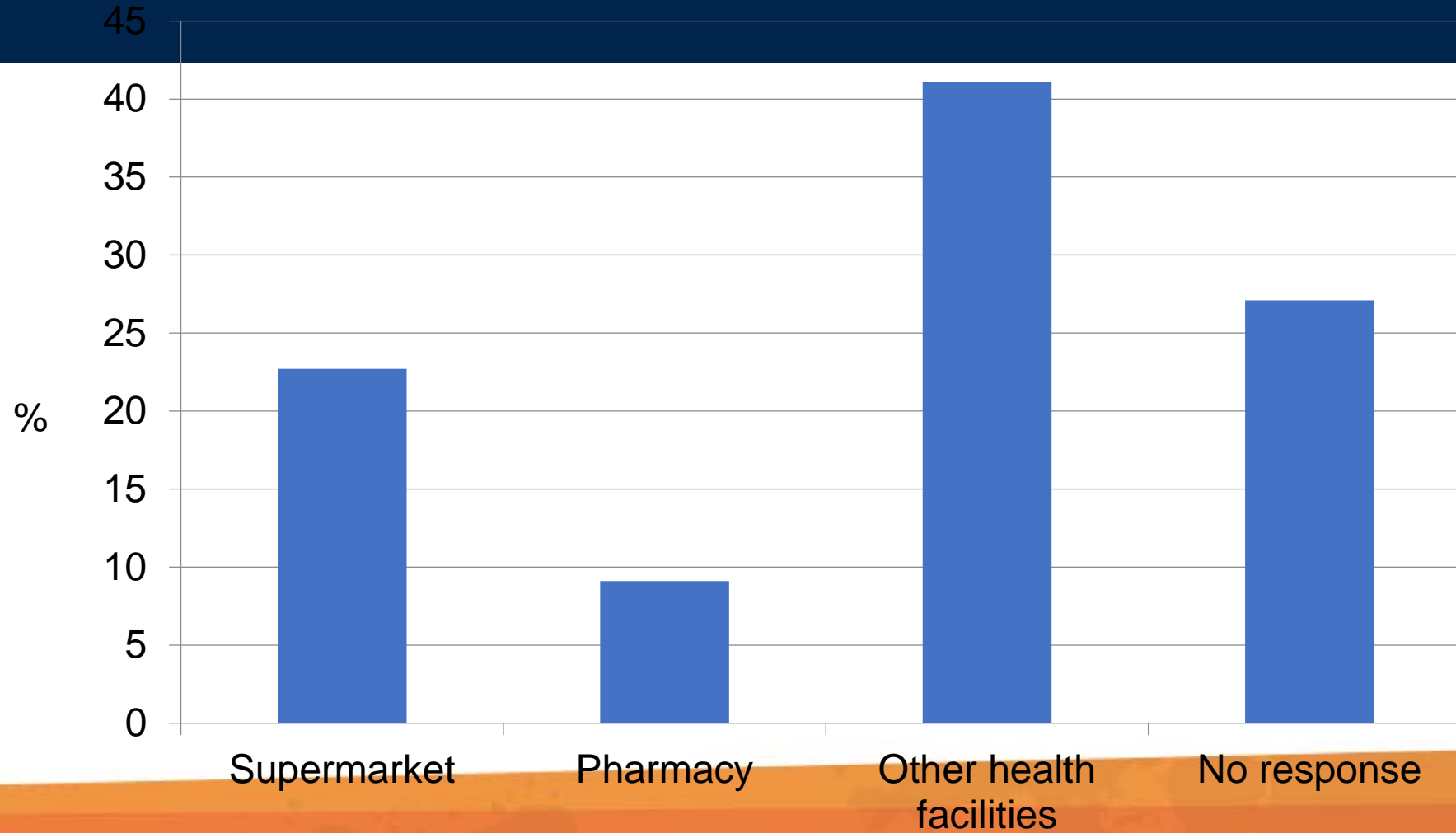
Reasons for not using FP services



Reasons

Results cont'

Where participants opt to get FP services



Recommendations

1. There is a need to reinforce privacy and confidentiality to nurses providing FP services at the training hospital.
2. Refresher trainings on client centered care is essential.
3. To avoid stock-outs of FP commodities, there is a need to do proper forecasting and ordering.

Conclusion

Almost 80% of the reasons of not utilizing FP services from the training hospital are “nurse’s related”

There is a need to change attitudes towards our clients

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Acknowledgements

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